

Intro

G, C, AM7, C,

Verse

AM7, C2,

I lift my eyes up

AM7, C2,

Unto the mountains

G, C2,

Where does my help come from

G, C2,

Where does my help come from

AM7, C2,

My help comes from the Lord

AM7, C2,

He is the maker

G, C2,

Of heaven and earth

G, C2,

The maker of heaven and earth

Pre-Chorus

AM7, G/B C2

Whom shall I fear?

AM7, G/B C2

Whom shall I fear?

Chorus

G,
C2,
AM7, C2,
 Help me rest in your peace O God
G,
C2,
AM7, C2,
 Help me rest in your promise o God *(Repeat after Bridge)*
EM7
 My foundation is sure
D/F#
 His love will endure
C2,
 We are secure
C2
G/B,
Dsus,
 Secure in His faithfulness
C2
G/B,
Dsus,
 Sure of His Kindness *(Last time to ending)*
C2
G/D
D,
G,
C,
AM7, C,
 Help me rest in your peace O God

Bridge

AM7,
G/B
C2
 Whom shall I fear?
AM7,
G/B
C2
 Whom shall I fear? *(Repeat)*

Ending

C2,
EM7
 Help me rest, Help me rest
C2
G/D
D,
G,
C,
AM7, C,
 Help me rest in your peace O God